



Personal and professional development for recent graduates: three-part CPD



1. Increase self-awareness – who are you?
Monday 9th November
2. Thriving at work
Monday 16th November
3. How to influence others – motivational interviewing
Monday 23rd November

10%
discount if
you purchase all 3
courses!

Your Speakers

Alison Bard



Alison is a Senior Research Associate at the Bristol Veterinary School. She holds a PhD in Interdisciplinary Veterinary Science focusing on communication and advisory strategies in the pursuit of on-farm behaviour change and has an established career as a veterinary social scientist. She is passionate about understanding and

motivating change within the livestock and veterinary sectors and has expertise in vet-farmer communication, qualitative research and human behaviour change theory. Alison is also a member of the Motivational Interviewing (MI) Network of Trainers, an international organisation committed to promoting high-quality MI communication practice and training.

Carolyn Crowe



Carolyn is an experienced equine veterinary surgeon, award-winning executive and corporate coach, mentor, and international speaker. She specialises in designing impactful training programmes and coaching leaders and teams to perform at their best.

With a strong focus on positive leadership and healthy workplace cultures, Carolyn is passionate about helping individuals and organisations thrive. In recognition of her outstanding contribution to the profession, she was awarded Coach of Excellence accreditation and a Fellowship to the Royal College of Veterinary Surgeons in 2020.

Monday 9th November 2-4pm

Increase self-awareness – who are you?

Carolyn Crowe

Everyone has a different perspective, a preferred way of communicating and working and yet we all need to be able to understand each other and work effectively as part of a team. In this interactive workshop we will explore your own behavioural preferences, you will gain a deeper understanding into the why you do what you do and how you can get the best out of your environment and interactions you have. You will gain a practical tool to help you understand and appreciate the differences with others and to use as a common language to make working with others easier and more effective.

Monday 16th November 2-4pm

Thriving at work

Carolyn Crowe

- Identify what sustains your energy at work and how to thrive under the pressures of practice.
- Recognise signs of stress in yourself and others and what to do when you do!
- Gain practical tools and techniques to help you control the controllables
- Time management tools for the time poor.
- Understand why mistakes happen, how you can learn from them and how to have a sustainable and rewarding career.

Monday 23rd November 2-4pm

How to influence others – motivational interviewing

Alison Bard

- Discuss core motivational interviewing skills that support better engagement with farm clients.
- Identify two types of client language that are critical in behaviour change interactions.
- Recognise the four key tasks involved in applying motivational interviewing.

Registration Form - Graduate Personal Development 2026

Name:
Practice/Company:
Address:
Tel:
Email:
Do you have any dietary requirements?

	BCVA Members	☒	Non-BCVA Membrs	☒
9th November - Increase self-awareness	£100 inc Vat		£125 inc Vat	
16th November - Thriving at work	£100 inc Vat		£125 inc Vat	
23rd November - How to influence others	£100 inc Vat		£125 inc Vat	
All 3 courses (10% discount)	£270 inc Vat		£337.50 inc Vat	

Total £

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Method of Payment - Please send completed forms with remittance (in £ sterling) preferably by BACS to: BCVA, Unit 17, The Glenmore Centre, Waterwells Business Park, Quedgeley, Glos, GL2 2AP. Tel: 01452 725735, e-mail: office@cattlevet.co.uk, Web: www.bcva.org.uk

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Refund Policy for CPD bookings

Cancellations - Please note a cancellation fee will be charged as follows:

- Cancellation made at least 14 days before the event - no charge
- Cancellation made between 7-14 days of the event - 20% of the event fee charged
- Cancellation made within 7 days - event charged in full.

Transfers - Transfers can be accepted without charge if made at least 14 days before the event. Transfers made at least 7 days before the event attract a 10% charge and within the 7 day period before the event, a 30% charge will be made.